



**SEVA ASMAKAM DHARMAH
CHARITABLE TRUST (NPO)**

IMPACT 25

Annual Report 2024-25

We Are Serving Humanity



IMPACT 25

Annual Report 2024-25

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OUR VISION AND MISSION

Seva Asmakam Dharmah Charitable Trust works as a catalyst in bringing sustainable and meaningful change in the lives of underprivileged children, youth, women, and the elderly through a life-cycle approach to development. We strive to empower communities by promoting education, healthcare, livelihood, and social welfare initiatives that foster dignity and self-reliance. Through the philosophy of “Seva Asmakam Dharmah” — service is our duty — we inspire civil society to engage proactively in creating a compassionate and equitable world.

Seva Asmakam Dharmah Charitable Trust aims to empower underprivileged children, youth, women, and the elderly through value-based education, accessible healthcare, and sustainable livelihood programs. We strive to adopt innovative methodologies and appropriate technologies to ensure measurable and meaningful social return on investment (SROI) while upholding principles of transparency and good governance. Our initiatives seek to connect corporate social responsibility with community development, fostering partnerships that enhance both social impact and business value. We also work to sensitize the privileged sections of society—especially youth and citizens—to actively participate in building an inclusive, compassionate, and civically responsible nation.



MESSAGE FROM THE - FOUNDER & MANAGING TRUSTEE

True service is where you bring a smile on someone's face without any selfish motive.”

Challenges and constraints in life often become the stepping stones to uncover the extraordinary strength hidden within ordinary people. Every crisis the world faces also reveals countless acts of kindness, compassion, and selfless service that restore our faith in humanity. The difficult times — especially during the pandemic — tested our endurance, compassion, and unity. Yet, amidst the fear and uncertainty, countless individuals stood tall, extending a helping hand to those in need. Their courage and resilience became the light that guided us through the darkest of hours. At Seva Asmakam Dharmah Charitable Trust, we believe that true service lies in transforming adversity into opportunity — to care, to uplift, and to empower. Our mission continues to be inspired by the belief that “Seva is our Dharma” — service to humanity is the highest duty.

Every life we touch is a testament to the power of compassion. At Seva Asmakam Dharmah Charitable Trust, we do not just see challenges —we see opportunities to ignite change, uplift the underprivileged, and transform communities. In a world where inequality and hardship often define the destiny of the marginalized, we stand as a beacon of hope for children, youth, women, and the elderly. The pandemic reminded us that crises test our humanity—but it also revealed the extraordinary courage, resilience, and generosity that exist in every corner of society. Our mission is bold: to empower lives through education, healthcare, livelihood, and social welfare programs, ensuring that no one is left behind. We aim not just to alleviate suffering, but to enable individuals to rise, thrive, and reclaim their dignity. This journey cannot be undertaken alone. I call upon every citizen, volunteer, and supporter to join hands with us. Together, we can turn compassion into action, small acts into monumental impact, and dreams of a just, inclusive, and empowered society into reality. At Seva Asmakam Dharmah Charitable Trust, service is not a duty—it is our calling, our life’s purpose, and the force that drives every heartbeat of our mission.



Lavlesh Kumar

Lavlesh Kumar Yadav
Founder and Managing Trustee



Promise Program

SEVA ASMAKAM DHARMAH CHARITABLE TRUST launched the Promise Program – a dedicated initiative aimed at enhancing digital literacy, skill development, and self-reliance among young women.

Through this program, girls from economically weaker sections were provided free computer training, including basic computer operations, MS Office, internet usage, digital communication, and introduction to online learning platforms. The initiative not only helped participants gain valuable technical skills but also boosted their confidence and employability in today's digital world. The program emphasized “Learning for Empowerment”, enabling participants to explore new opportunities in education, entrepreneurship, and employment. Regular sessions, interactive workshops, and mentorship from qualified trainers ensured holistic development and practical exposure.



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EDUCATION

Education is the foundation of transformation. It liberates individuals from the cycle of poverty and social exclusion, opening doors to employment, awareness, and empowerment. Seva Asmakam Dharmah Charitable Trust was established with the vision of creating equal opportunities for all through education, health, and livelihood initiatives. Our education programs aim to nurture young minds, promote awareness of rights and responsibilities, and build a strong foundation for a self-reliant future. By integrating learning with health and nutrition support, we strive to ensure that every child not only learns but also thrives with dignity and hope.

EMPOWERING GIRLS THROUGH SELF-CARE AND SELF-EMPLOYMENT EDUCATION



At Seva Asmakam Dharmah Charitable Trust, we believe that empowering girls is the most effective way to build stronger, healthier, and more self-reliant communities. In line with this vision, the Trust conducted a Self-Care and Self-Employment Education Program designed specifically to equip young girls with knowledge, confidence, and practical skills for sustainable growth.

The program focused on two critical aspects of empowerment—Self-Care and Self-employment. Through interactive sessions, workshops, and hands-on training, participants were educated about personal hygiene, menstrual health, emotional well-being, and basic healthcare practices, helping them develop a sense of dignity and self-worth. Alongside this, they were trained in vocational and income-generating skills such as tailoring, handicrafts, and small-scale entrepreneurship, enabling them to achieve financial independence and contribute meaningfully to their families and society.

At Seva Asmakam Dharmah Charitable Trust, we continue to nurture the belief that “Empowering a girl means empowering a generation.”

ADULT LITERACY PROGRAM

At Seva Asmakam Dharmah Charitable Trust, we recognize that education has no age limit. The Adult Literacy Program for Girls was initiated with the mission to empower adolescent and young women who were denied access to education in their formative years. Through this initiative, we aim to break the barriers of illiteracy and open doors to self-confidence, awareness, and independence. The program provides basic reading, writing, and numeracy education, along with awareness sessions on health, hygiene, financial literacy, and social rights. The curriculum is designed to be practical and engaging, enabling participants to apply what they learn in their daily lives—be it managing household finances, accessing healthcare, or understanding their rights and responsibilities. At Seva Asmakam Dharmah Charitable Trust, we believe that when a woman learns, an entire family rises. The Adult Literacy Program is not just about teaching letters—it's about rewriting lives with hope, strength, and self-belief.



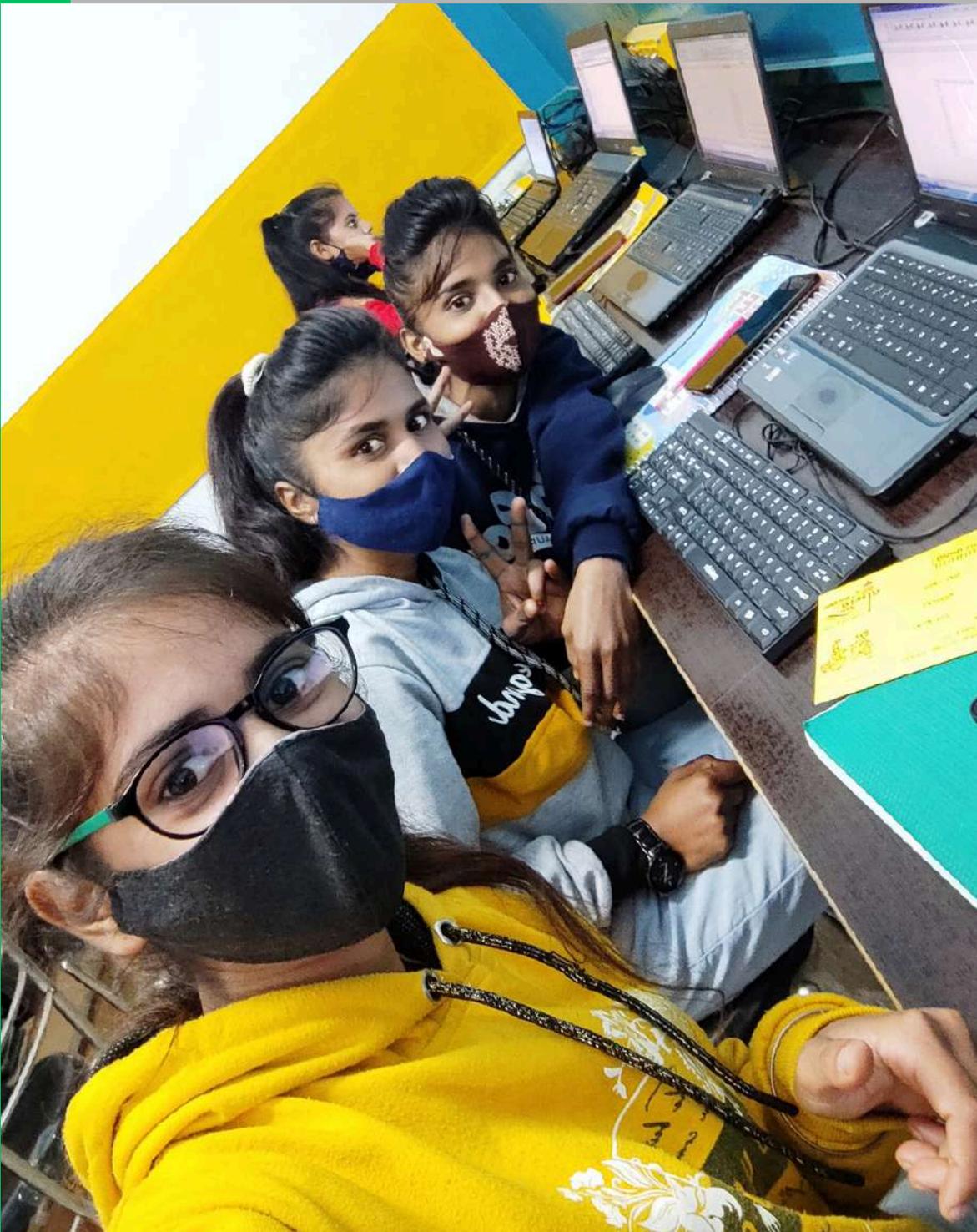
DIGITAL LITERACY PROGRAM

Empowering Futures Through Technology

In today's rapidly evolving world, digital knowledge is no longer a privilege – it is a necessity.

Understanding this, Seva Asmakam Dharmah Charitable Trust launched the Digital Literacy Program for Girls with the mission to bridge the digital divide and empower young women to thrive in a technology-driven era.

The program equips girls from underprivileged backgrounds with essential computer and digital skills, including basic computer operations, internet usage, online communication, digital safety, and financial literacy through digital platforms. These skills not only enhance their employability but also help them access information, education, and opportunities that were once beyond their reach. Through interactive training sessions and hands-on learning, participants gained the confidence to navigate the digital world – from creating documents and using emails to exploring e-learning platforms and online job opportunities. This initiative has transformed the way these young women view themselves and their futures. They are now digitally empowered, socially confident, and economically capable, ready to contribute meaningfully to their families and communities.



HEALTH & HYGIENE

Nurturing Wellness, Dignity, and Awareness

At Seva Asmakam Dharmah Charitable Trust, we believe that good health is the foundation of a strong and self-reliant community. Recognizing that awareness is the first step toward well-being, the Trust organized a comprehensive Health and Hygiene Education Program aimed at promoting healthy practices, especially among women, adolescent girls, and children from underprivileged backgrounds. The program focused on creating awareness about personal hygiene, menstrual health, nutrition, sanitation, and preventive healthcare. Through interactive workshops, awareness sessions, and community outreach activities, participants were educated on essential practices to maintain hygiene and prevent common diseases. Special emphasis was placed on menstrual hygiene management, helping break taboos and encouraging open dialogue on women's health and dignity.



At Seva Asmakam Dharmah Charitable Trust, we remain committed to spreading the message that “Health is not a privilege, but a right – and hygiene is the first step toward it.”



EDUCATION PROGRAM MISSION HAPPY ZINDAGI

MISSION HAPPY ZINDAGI



Education is the seed from which hope, dignity, and opportunity grow. With the belief that every child deserves the right to learn and dream, Seva Asmakam Dharmah Charitable Trust launched Mission Happy Zindagi – a Free Education Campaign dedicated to transforming young lives through the light of learning. The campaign’s core objective is to ensure that children from underprivileged backgrounds gain access to quality education without financial barriers. Through this initiative, the Trust provides free learning materials, tuition support, school supplies, and nutritional aid, creating an environment where every child can learn with joy and confidence.

Mission Happy Zindagi not only focuses on academic growth but also on holistic development. The program integrates sessions on health, hygiene, life skills, and moral values, nurturing well-rounded individuals who are prepared to face life with strength and self-belief. Regular community outreach and parent engagement programs are also conducted to spread awareness about the importance of education and to encourage families to keep their children—especially girls—in school. Dedicated volunteers and educators have been the backbone of this mission, ensuring that each child receives the personal attention and care they deserve. The campaign has successfully brought smiles and learning opportunities to hundreds of children, rekindling their dreams and giving them a fair chance at a brighter tomorrow. At Seva Asmakam Dharmah Charitable Trust, we believe that true happiness begins with education – because an educated child not only changes their own future but also uplifts the entire community.

BAG & BOOK DISTRIBUTION



At Seva Asmakam Dharmah Charitable Trust, we believe that education is the greatest gift one can give a child – and every small effort to support learning brings a big change in young lives. To encourage education and reduce the burden on underprivileged families, the Trust organized a Bag and Book Distribution Drive under its ongoing education support initiatives. Through this program, school bags, notebooks, stationery, and essential learning materials were distributed to children from economically weaker sections of society. The initiative aimed to ensure that no child is deprived of education due to lack of basic resources, and that each student feels motivated and confident to attend school regularly. The drive brought together volunteers, educators, and community members, who collectively worked to reach children in rural and urban slum areas. The joy on the faces of children receiving new school bags and books reflected the true spirit of our mission – to make learning a joyful and dignified experience for every child. This initiative reaffirmed our belief that even a simple gesture – a school bag or a set of books – can ignite a spark of curiosity, confidence, and commitment to learning.

STATIONERY DISTRIBUTION



Education is most effective when every child has the tools they need to learn with confidence. Understanding this, Seva Asmakam Dharmah Charitable Trust organized a Stationery Distribution Program to support the educational needs of children from marginalized and underprivileged communities. Under this initiative, the Trust distributed notebooks, pens, pencils, erasers, crayons, and other essential stationery items to students studying in government and low-income private schools. The goal was to ease the financial burden on families and ensure that no child's education is hindered due to lack of basic learning materials. The distribution events were conducted in a spirit of joy and encouragement, with volunteers and teachers motivating students to pursue their studies with dedication and determination. The excitement and smiles on the children's faces reflected the real success of the program – restoring their enthusiasm and self-belief in the power of education.

At Seva Asmakam Dharmah Charitable Trust, we believe that small acts of support can create lifelong impact.

A pencil in a child's hand today can draw the path to a brighter tomorrow

HEALTHCARE

Seva Asmakam Dharmah Charitable Trust's healthcare initiative is delivering essential primary healthcare services to underserved communities in rural areas and urban slums of Uttar Pradesh. The objective is to reach vulnerable populations who lack access to basic medical facilities and to promote health awareness for a better and healthier life.



 1500+

 3 DISTRICT



CANCER CARE AWARENESS



CARE CONNECT FOR LIFE

Seva Asmakam Dharmah Charitable Trust organized Cancer Care Awareness Programs to educate communities about the importance of early detection, prevention, and timely treatment of cancer. The initiative aimed to spread awareness about the causes, symptoms, and risk factors associated with cancer while encouraging regular health check-ups and healthy living habits. Through health talks, counseling sessions, and interactive workshops conducted in Pratapgarh and Raebareli districts of Uttar Pradesh, the program reached hundreds of people from underserved areas. The campaign emphasized that early awareness can save lives, helping to dispel myths and reduce fear around cancer. The Trust remains committed to building a health-conscious and empowered society through continuous awareness and care initiatives.



QUALITY EDUCATION AWARENESS PROGRAM

Seva Asmakam Dharmah Charitable Trust conducted Quality Education Awareness Programs to promote the importance of education among underprivileged children and their families.

The initiative focused on encouraging regular schooling, reducing dropouts, and improving learning outcomes. Through community sessions and school activities, the Trust inspired children to dream, learn, and build a brighter future.





SCHOOL KIT DISTRIBUTION

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a School Kit Distribution Program to support needy and underprivileged children in rural areas. The initiative aimed to promote education for all by providing essential school supplies including bags, notebooks, stationery, and uniforms. Through this effort, the Trust strives to reduce school dropouts and encourage children to pursue their education with dignity and enthusiasm. With this vision, SEVA ASMAKAM DHARMAH CHARITABLE TRUST launched the School Kit Distribution Program to support the needy and poor children in rural communities, ensuring that financial challenges never stand between a child and their education. Hundreds of children from underprivileged backgrounds received complete school kits — including bags, notebooks, stationery, uniforms, and other essential learning materials. For many of them, it was the first time they held brand-new books and supplies — a moment filled with joy, pride, and renewed confidence.





SCHOOL KIT DISTRIBUTION



EDUCATION SUPPORT



01

Blanket Distribution

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a Blanket Distribution Program to support the elderly and needy during winter, providing warmth, care, and comfort. The initiative spreads love, compassion, and hope among underprivileged senior citizens and rural families.

02

Medical Support

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a Medical Support Program for the elderly and underprivileged, offering free health check-ups, medicines, and guidance. The initiative aims to ensure better health, care, and dignity for senior citizens and needy families in rural areas.

03

Awareness Program

SEVA ASMAKAM DHARMAH CHARITABLE TRUST conducted an Awareness Program to encourage families to care for and support their elderly members with love and respect. The initiative promotes family bonding, compassion, and social responsibility towards senior citizens.

ELDERLY CARE PROGRAM

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized an Elderly Care Program providing medical support, blanket distribution, and awareness sessions for families to care for their elder parents and senior citizens. The initiative promotes compassion, dignity, and community support for the elderly in society.



BLANKET DISTRIBUTION

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organizes a Winter Blanket Distribution Program every year to support elderly people in rural areas. Through this noble act of giving blankets as a gift of love, care, and sympathy, the Trust spreads warmth and happiness, ensuring a comfortable and dignified life for senior citizens during the cold season. This initiative aims to provide comfort, care, and protection to those who suffer the most during harsh winters – the elderly living alone or without sufficient means. Each blanket is not just a piece of cloth, but a gift of love, respect, and humanity, symbolizing that they are not forgotten.



BLANKET DISTRIBUTION



AWARENESS

SEVA ASMAKAM DHARMAH CHARITABLE TRUST conducted an Awareness Program for Elderly Care, encouraging families and society members to extend help, support, and compassion toward senior citizens. The initiative promotes respect, dignity, and emotional well-being for the elderly in our communities. The program focused on creating awareness about the emotional, medical, and social needs of the elderly, emphasizing the importance of family involvement and community responsibility. Through interactive sessions and motivational talks, participants were encouraged to value, protect, and care for their aging parents and elders with love and dignity.

This initiative reflects the Trust's continuous efforts to build a compassionate society where every elderly person feels respected, supported, and never alone. By nurturing empathy and understanding, SEVA ASMAKAM DHARMAH CHARITABLE TRUST is helping to create a future where age is honored, and care is shared.



MENSTRUAL HYGIENE

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a Menstrual Hygiene Awareness Program to educate adolescent girls and women about health, hygiene, and menstrual care practices. The initiative aimed to break taboos, promote dignity and confidence, and ensure better health and well-being for women in rural communities.



Self-care Tips

During Menstrual Cycle

Optimize Sleep

turn on relaxing music, or use a diffuser with essential oils, like lavender that promotes sleep and relaxation



Use Warmth

using a heating pad or heat wrap provides the opportunity to apply direct heat to the abdomen or lower back



Eat Well

eating healthfully, along with staying hydrated can help reduce these menstrual symptoms



Stay Comfy

wear items from your wardrobe that make you feel comfortable



Stay Hydrated

if plain water gets old fast, make a pitcher of cucumber, mint or lemon water to keep handy in the fridge



Exercise

try gentle workouts and movement, such as taking a walk or some light yoga



MENSTRUAL HYGIENE AWARENESS

To promote health, confidence, and awareness among young girls, SEVA ASMAKAM DHARMAH CHARITABLE TRUST conducted a Menstrual Hygiene Awareness Program in schools and educational institutions. The initiative aimed to educate girl students about safe menstrual practices, personal hygiene, and reproductive health, while encouraging them to speak openly and confidently about menstruation. Through interactive sessions, demonstrations, and distribution of sanitary kits, the program helped dispel myths and reduce stigma around the topic. This effort by the Trust seeks to ensure that no girl's education or self-esteem is affected due to lack of awareness or access to menstrual hygiene resources. The initiative reflects the Trust's deep commitment to women's health, dignity, and empowerment, building a future where every girl can learn, grow, and lead with confidence.



PAD DISTRIBUTION PROGRAM

Menstrual hygiene is not just a health issue – it is a matter of dignity, equality, and empowerment. With this vision, SEVA ASMAKAM DHARMAH CHARITABLE TRUST launched a Free Sanitary Pad Distribution and Awareness Program for girls and women aged 14–35 years in rural villages, schools, and colleges. The initiative seeks to empower adolescent girls and young women by providing access to safe menstrual hygiene products and spreading awareness about menstrual health, hygiene practices, and self-care. Many girls in rural areas suffer in silence due to lack of awareness and affordability. The Trust's efforts aim to change this narrative by breaking taboos, erasing stigma, and fostering open discussion and confidence. Through this program, thousands of girls received free sanitary pads, health education materials, and counseling support from trained volunteers and healthcare workers. The sessions emphasized cleanliness, safe disposal practices, and the importance of maintaining good reproductive health. The Trust's volunteers personally visited remote schools and communities, ensuring that no girl misses school or feels ashamed during her menstrual cycle. The gratitude, smiles, and confidence seen among participants reflected the deep impact of this initiative. By implementing this program every year, SEVA ASMAKAM DHARMAH CHARITABLE TRUST continues to uphold its mission of women's health, education, and empowerment, ensuring that every girl and woman can live with dignity, pride, and self-respect.





HUNGER AND NUTRITION PROGRAM



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4000+

HUNGER FREE INDIA ANNADAN SEVA

FOOD DISTRIBUTION DRIVE

In its unwavering mission to fight hunger and uplift the underprivileged, SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a massive Food Distribution Drive for the poor, needy, and homeless people across slum areas and remote rural villages. The initiative was driven by the belief that no one should sleep hungry, regardless of their circumstances. The Trust's dedicated volunteers reached out to marginalized families, daily wage earners, and elderly individuals who struggle every day for a single meal. Each food packet distributed carried not just nourishment, but also a message of care, dignity, and humanity. Through this compassionate endeavor, the Trust provided thousands of freshly cooked meals, ensuring access to wholesome food for those most in need. The program also created awareness about nutrition, food security, and community sharing, reinforcing the importance of collective social responsibility.



FOOD DISTRIBUTION CAMP

With the spirit of compassion and service to humanity, SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a Food Distribution Camp to support the poor, needy, and underprivileged sections of society. The camp provided freshly cooked and nutritious meals to people living in slum areas, rural villages, and roadside communities, ensuring that no one goes hungry. Volunteers of the Trust worked tirelessly to reach out to those in need, offering not just food, but also care, kindness, and hope.



FOOD DISTRIBUTION CAMP

Food is not just nourishment – it is a symbol of love, care, and humanity. With this belief, SEVA ASMAKAM DHARMAH CHARITABLE TRUST continues its noble initiative of Annadan Seva, offering free and nutritious meals to the poor, hungry, and homeless across rural and slum areas. Through this compassionate service, the Trust strives to ensure that no one sleeps hungry. Each meal distributed reflects the spirit of “Seva Parmo Dharma” – Service is Our Duty, spreading warmth and hope among those struggling for daily sustenance.





FOOTATHON RALLY

On the occasion of World Environment Day, SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized the Footathon Rally to spread awareness about the urgent need to protect our planet and promote sustainable living. The rally aimed to inspire individuals and communities to take collective responsibility toward environmental conservation and a greener future. Volunteers, students, and community members enthusiastically participated in the rally, holding placards and slogans emphasizing the importance of clean air, tree plantation, waste management, and reduction of plastic use. The event highlighted the Trust's commitment to creating a clean, healthy, and sustainable environment for all.



KANYADAN UTSAV

Supporting the Weddings of Underprivileged Girls

SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized the Kanyadan Utsav with the noble objective of extending financial and moral support to economically weaker families during the marriages of their daughters. The initiative is rooted in compassion and social responsibility, aiming to ease the burden of wedding expenses for those in need. Under this program, the Trust provided essential wedding items, clothing, utensils, and other necessary materials to deserving families. The Kanyadan Utsav not only brought smiles to the brides and their families but also reinforced the Trust's mission of promoting dignity, equality, and empowerment for women from marginalized backgrounds.



ROAD SAFETY

ROAD SAFETY AWARENESS PROGRAM



To promote safer roads and responsible driving habits, SEVA ASMAKAM DHARMAH CHARITABLE TRUST organized a Road Safety Awareness Program aimed at educating youth and community members about traffic rules, accident prevention, and the importance of following safety measures.

The initiative focused on spreading awareness about wearing helmets and seat belts, avoiding mobile use while driving, obeying traffic signals, and respecting pedestrians. Interactive sessions, street plays, and demonstrations were conducted to make the program more engaging and impactful.

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