



  
Women  
Empowerment

  
LIVELIHOOD

  
HEALTH CARE

  
HEALTH CARE

  
Elderly Care

  
Child  
Education

# ANNUAL 18-19



# ANNUAL 2019

Annual Review Report  
2018-19

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## VISION

Seva Asmakam Dharmah Charitable Trust is to empower underprivileged children, youth and women through relevant education, innovative healthcare and market-focused livelihood programmes. We are committed to create strong and independent society without inequalities and discrimination, and where everybody enjoys equal opportunities. Our vision is to ignite a global movement that champions the right of every child, regardless of their economic circumstances, to receive a quality education that opens doors to limitless possibilities. We envision a world where the cycle of poverty is broken through the transformative power of education, where every child's potential is nurtured, and where societies thrive through empowered and educated citizens. With unwavering dedication, we aspire to build bridges of opportunity that lead to a brighter and more equitable future for impoverished children

## MISSION

To Foster Democratic & Equitable Living Environment, Where all Vulnerable people specially underprivileged, women and Children have to access to Education, Health, Sustainable Livelihood opportunity and essential infrastructure services irrespective of their economic and social status.

## OUR BELIEF

Seva Asmakam Dharmah Charitable Trust believes that unless members of the civil society are involved proactively in the process of development, sustainable change will not happen.

Believing in this principle of 'Civic Driven Change', Seva Asmakam Dharmah Charitable Trust sensitises the civil society in order to make them partners in its mission.



## MESSAGE FROM THE FOUNDER/MANAGING TRUSTEE

*"It begins with the civil society - when people initiate positive actions, actions that can change lives and the course of history."*

As the founder of Seva Asmakam Dharmah Charitable Trust, I am honored and humbled to address you today. Our journey together in serving our community has been nothing short of remarkable, and it is with great pride that I reflect on the impact we have made and the lives we have touched.

When I embarked on this journey to establish Seva Asmakam Dharmah Charitable Trust, my vision was simple yet profound: to create a platform where compassion, empathy, and action converge to uplift those in need and foster positive change.

As we look to the future, I am filled with hope and optimism. Together, we have laid a strong Trust upon which we can continue to build and expand our efforts. Let us remain steadfast in our resolve, undeterred by the challenges that may lie ahead, knowing that our collective strength and determination will carry us through.

To our dedicated volunteers, whose selfless contributions form the backbone of our organization, I extend my deepest gratitude. Your passion, your commitment, and your unwavering belief in our mission inspire us all.

To our generous supporters, whose kindness and generosity fuel our work, I offer my heartfelt thanks. Your contributions, whether big or small, make a tangible difference in the lives of those we serve.

With the civil society strengthening and taking on the baton of social change, the onus has also come on businesses and governments to focus on social responsibility as one of their primary agenda.

Businesses are gradually waking up to aware consumers and have realized that to survive and thrive in this changing world, they need to be responsible towards the community.

Philanthropy has moved on from being an act of charity to a business necessity. But just like government alone cannot solve all social problems, businesses cannot either. Businesses have the resources and the technology, civil society organisations have the ground knowledge and the community rapport, and governments have the bandwidth and reach. They are all spokes in a wheel, and when all work together, the cycle of change moves forward.

In this context, collaboration and convergence appear to have become a necessity, and are no longer a choice.

At Seva Asmakam Dharmah Charitable Trust, we have always acknowledged the possibilities and potential of this phenomenon. Civic Driven Change has been a founding principle of the organisation. Along with our work at the grassroots, we have been making consistent efforts to sensitise and involve corporate, local government bodies, individuals, institutions, media and the larger civil.

society in the process of bringing sustainable change at the grassroots. In a journey of over 1 Year years, Seva Asmakam Dharmah Charitable Trust has directly impacted the lives of more than 500 children and their families. This has only been possible through meaningful collaboration and positive partnerships.

In 2018-19, we added another beautiful chapter to our journey – exploring new paths, setting new benchmarks, rising up to challenges, charged with the determination to bring real and long lasting change in the lives of the vulnerable and deserving children and Helpless families in the remotest parts of the country.

This Annual Report captures the best of our journey, bringing alive some of the most memorable moments and the most inspiring narratives through these pages. Hope you will find it an engaging read!

**Lavlesh Kumar**

**Lavlesh Kumar**  
Founder & Managing Trustee

(On behalf of Seva Asmakam Dharmah Charitable Trust Board of Trustees)

## CHILDREN AND FAMILIES:

Beginning in the corridors of education, Seva Asmakam Dharmah Charitable Trust adopted a lifecycle approach and extended its thematic areas of intervention by supporting family health, livelihood, and women empowerment.

Children, their families and the community become the target group for Seva Asmakam Dharmah Charitable Trust activities as child education cannot be done in isolation, without ensuring the welfare of the whole family. Following the lifecycle approach, Seva Asmakam Dharmah Charitable Trust has directly impacted the lives of over 500 children and families so far.

## IMPACT SO FAR



### EDUCATION

More than  
3000  
children  
provided  
education



### HEALTH

**CARE** Over  
2200  
people  
provided  
healthcare



### LIVELIHOOD

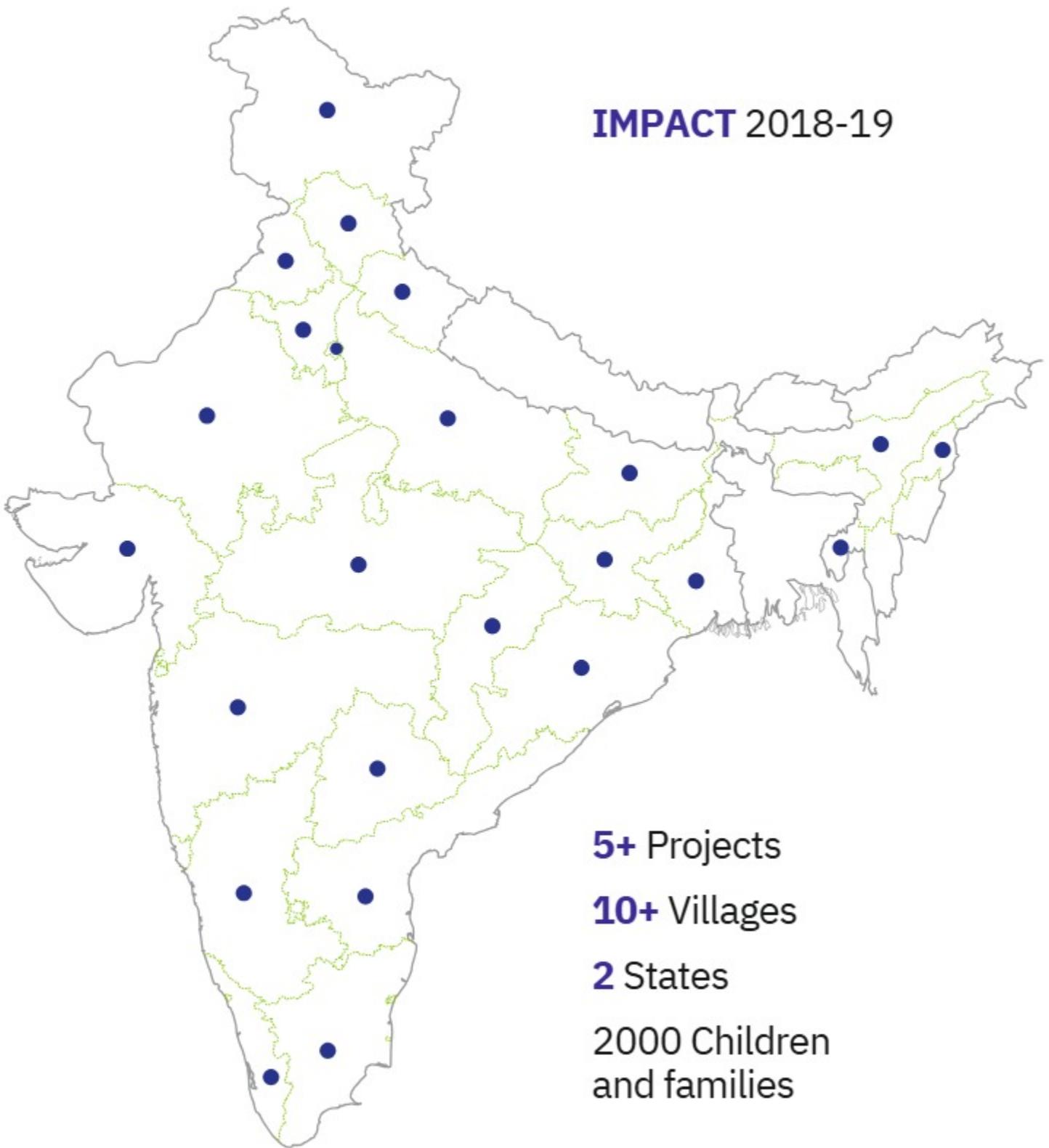
**5400**  
youth  
trained &  
7310  
placed



### WOMEN EMPOWERMENT

Over  
3200  
women &  
girl children  
benefitted

## IMPACT 2018-19



# HIGHLIGHTS OF THE YEAR



In a world where gender inequality persists, empowering girls and young women is not just a matter of justice; it is a prerequisite for sustainable development and social progress. Recognizing the transformative power of culture in promoting girls' empowerment, Seva Asmakam Dharmah Charitable Trust has embarked on a pioneering initiative aimed at harnessing the rich tapestry of cultural heritage to uplift and inspire young girls in our community.

Co-Founder & Executive Trustee of sadct Trust – Mr Santanu Mishra was felicitated with the CSR Person of The Year Award for “having created a sustained impact of more than 15 years in the CSR sector” by SPO India.

### Cultural Exploration and Education:

At the heart of the program lies a commitment to providing girls with opportunities to explore and celebrate their cultural heritage. Through workshops, classes, and interactive sessions, participants learn about their traditions, customs, and histories, fostering a sense of pride and connection to their roots. By engaging with diverse cultural practices, girls expand their horizons, challenge stereotypes, and develop a deeper appreciation for the richness and diversity of human experience.



### Girls Education

Through a diverse range of activities such as traditional arts and crafts workshops, storytelling sessions, music and dance performances, and cultural immersion experiences, we empower girls to embrace their cultural identities, build self-confidence, and develop leadership skills. These programs serve as a platform for girls to express themselves, connect with their roots, and envision a future filled with possibilities

### Elderly Care Program

As societies worldwide undergo demographic shifts, with populations aging at unprecedented rates, the need for comprehensive elderly care and support has become increasingly urgent. In response to this pressing need, Seva Asmakam Dharmah Charitable Trust has launched an innovative Elderly Care Awareness Program, aimed at promoting understanding, empathy, and dignified care for the elderly in our communities.

### Blanket Distribution.

At the core of the program is a concerted effort to raise awareness about the unique challenges faced by elderly individuals and the importance of providing them with the care and support they deserve. Through community workshops, educational campaigns, and outreach events, Seva Asmakam Dharmah Charitable Trust seeks to dispel myths, challenge ageist stereotypes, and foster a culture of respect and appreciation for the elderly.



### Empowering Through Education Awareness Program:

Education is a powerful catalyst for social change, yet millions of girls and women around the world are denied access to quality education due to various socio-economic and cultural barriers. Recognizing the transformative potential of education in empowering women and promoting gender equality, Seva Asmakam Dharmah Charitable Trust has initiated a Women Education Awareness Program aimed at breaking down barriers, raising awareness, and advocating for equal educational opportunities for women and girls.

### Winter Program For Elderly Care

As the chill of winter sets in, vulnerable elderly individuals often face the harsh reality of inadequate warmth and comfort. Recognizing the pressing need to support our elderly population during these challenging times, Seva Asmakam Dharmah Charitable Trust has initiated a compassionate Blanket Distribution Initiative aimed at providing essential warmth and comfort to elderly individuals in need.

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**EDUCATION**

Seva Asmakam Dharmah Charitable Trust flagship programme Mission Happy Zindagi Education provides quality education, healthcare and nutrition support to socio-economically disadvantaged and out-of-school children in remote villages, low income needy India. The programme was initiated in 2018 with the belief that whether we are addressing healthcare, poverty, population control, unemployment or human rights, there is no better place to start than in the corridors of education.





## DURING THE YEAR



Education is not just a fundamental right; it's a powerful tool for empowerment and social change. However, millions of children around the world are denied access to quality education due to various barriers, including poverty, discrimination, and lack of resources. Recognizing the transformative impact of education on children's lives, Seva Asmakam Dharmah Charitable Trust has launched a pioneering initiative to provide free education to underprivileged children in our communities.

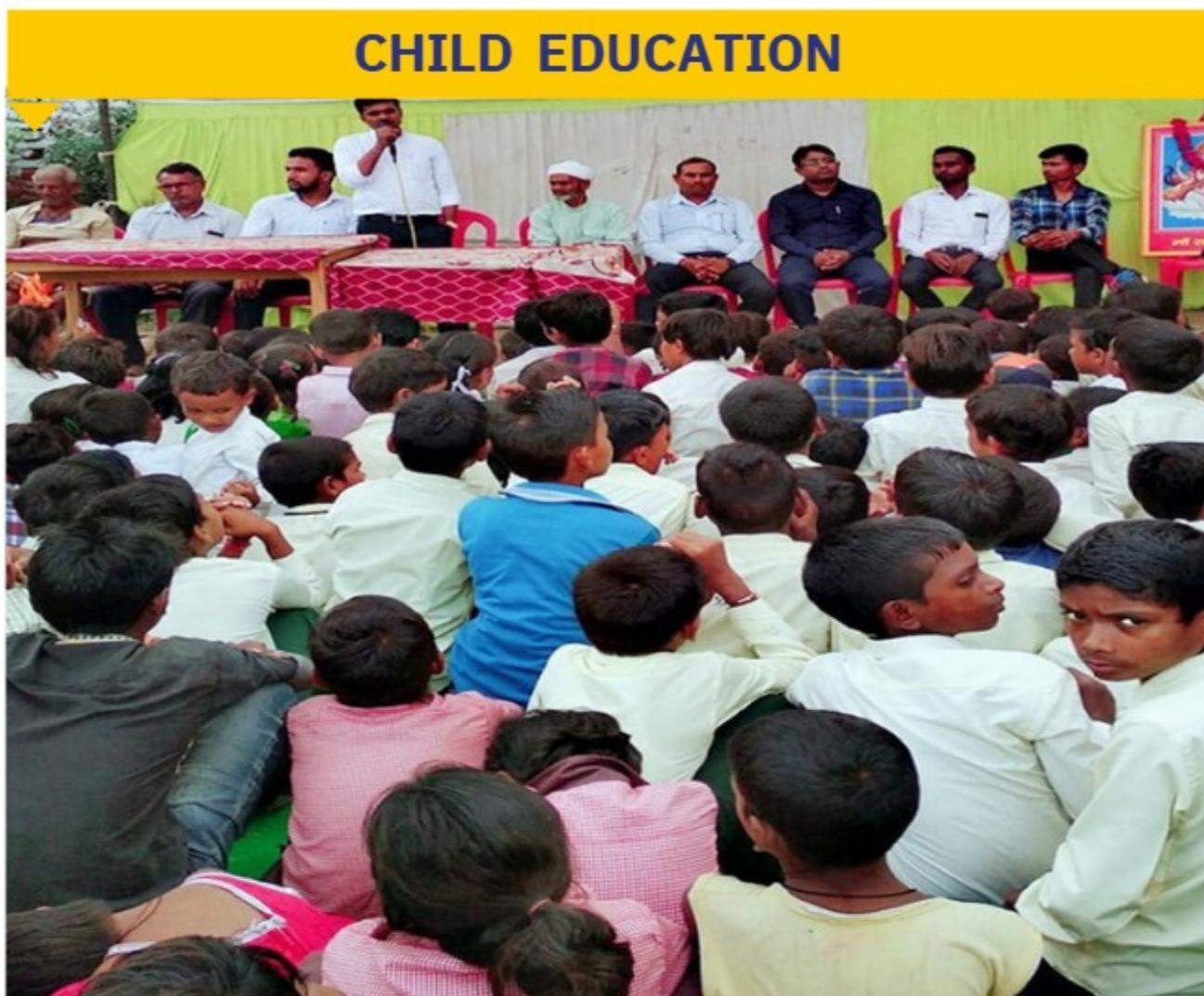
Seva Asmakam Dharmah Charitable Trust educational initiatives include Pre- school [3-6 yrs], Non Formal Education [6-14 yrs non- school going], Remedial Education [6-14 yrs school going] and Bridge Course [14-18 yrs drop-outs]. It works for education for underprivileged children who are under difficult circumstances, such as child labour, children of poorest of the parents, children inflicted and affected street and runaway children, children with rare disabilities, disaster struck children and slum children. Special emphasis is given on girl education and women education, so that they and their families get empowered.

Focus on the physical and mental well being of the children has also been augmented through periodic Seva Asmakam Dharmah Charitable Trust is dedicated to providing quality education that equips children with the knowledge, skills, and confidence they need to succeed in life. Through a holistic approach to education, including academic curriculum, extracurricular activities, and life skills training, Seva Asmakam Dharmah Charitable Trust strives to nurture well-rounded individuals who are prepared to face the challenges of the future.

medical check-ups and quarterly health camps conducted for the children at all Mission Happy Zindagi Education centres. Living in remote villages, Rural areas and congested slum clusters amid extremely unhygienic conditions, the children are left vulnerable to a number of diseases and infections, with little or no access to even basic healthcare facilities.

Emphasising on quality education, teachers at Mission Happy Zindagi Education centres have been provided extensive training throughout the year to make classroom sessions more engaging and effective. Specially created books, innovative teaching learning material, and scientific equipments have been distributed among the children to enhance their holistic development. Digital literacy, an inherent aspect of 21st century education, has become the spine of the educational pedagogy at Mission Education centers with focus on applying technology that arms our students with the skill sets they need to succeed throughout their life.

Regular counselling of parents and community members has been a year-round activity, thus bringing about a significant growth in awareness amongst thousands of families who once never supported education.



 RAMPUR DABI BHWANIGANK Pratapgarh U.P.

Just 70 kilometres away from the bustling city of Pratapgarh is the little known village of Rampur Dabi Bhwaniganj which cuts a very different picture from its neighbouring. Home to around 300 families, the village has majority of its population engaged in farming and agricultural labour. For these families struggling to survive every day, sending their children to school had never been a priority. SADCT Orgnize Awearness Program For Education And Aweare to children and there family to important of Education.

Our Child Education Charity Program offers more than just access to classrooms; it provides a comprehensive range of educational support services to meet the diverse needs of children. From providing school supplies, uniforms, and nutritious meals to offering tutoring, mentorship, and extracurricular activities, we create a nurturing environment that supports children's holistic development and fosters a love for learning.

## ENHANCING QUALITY, IMPROVING LIVES



### Leaner-Centred Pedagogy

Baseline assessments were done to assess the learning levels of children, with focus on language and numeracy skills. Further, need based solutions were provided including language labs, libraries, theatre and visual art workshops, math learning apparatus, etc.

### Smart Classrooms

Smart class installations and e-learning solutions were integrated with classrooms at various Mission HAPPY ZINDAGI Education centres to use applied technology for providing children an opportunity to enhance their skills and knowledge, making them future ready to excel in a digital world.



### Health & Education

We are committed to measuring the impact of our Girls' Health Awareness Initiative and continuously improving our programs based on feedback and evidence. Through monitoring and evaluation efforts, we track indicators such as knowledge levels, behavior change, and access to healthcare services among girls in our target communities. By collecting data, analyzing results, and soliciting feedback from participants, we ensure that our programs are effective, relevant, and responsive to the needs of girls and communities.

### The Five Hygiene Factors

Infrastructure support was extended to all Mission Education centres, keeping in mind the five hygiene factors - clean air (better ventilation), clean water (drinking water facilities), proper seating (furniture), adequate light (lighting) and proper toilets.



## NUTRITION

Malnutrition slows a child's And Elderly People development and makes them vulnerable to a number of illnesses. The UN's Standing Committee on Nutrition (SCN) has identified malnutrition as the largest single contributor to disease in the world. It's a sad fact that many children around the world don't get enough to eat, and the foods they do eat often lack essential nutrients vital to a child's overall health and growth. Left untreated, malnutrition can inhibit the physical and cognitive development of children and lead to lifelong consequences.

The nutrition project under Seva Asmakam Dharmah Charitable Trut's Mission Happy Zindagi Education programme outlines an investment in the next generation by highlighting nourishment as a core focus area. The project incorporates evidence-based nutrition interventions, as well as integrates nutrition goals into broader efforts in critical areas such education, Environmnet, sanitation and health, broadly under two categories:

- a) Nutrition Support: Catering to nutritional needs of the underprivileged children And Elderly People .
- b) Nutrition Awareness: Sensitizing the underprivileged communities towards the issue of malnutrition amongst children, mothers and family members.



As we age, our needs evolve, and for many elderly individuals, accessing basic necessities becomes increasingly challenging. Limited financial resources coupled with physical limitations often result in difficulties in acquiring even the most essential items such as clothing. Recognizing this pressing need, Seva Asmakam Dharmah Charitable Trust has stepped forward to bridge this gap and extend a helping hand to those in their golden years.



Seva Asmakam Dharmah Charitable Trust e-Learning Programme . works for the marginalised youth, helping them attain gainful employment by providing vocational education and training. Targeting girls and boys between the age group of 18 and 25 years, the programme strives to empower them through market-oriented skill training, along with placement support. The programme aims at making them confident and independent to lead dignified lives.





## DURING THE YEAR



Youth is perhaps one of the most powerful resources that a country can have. India is expected to have over 500 million youth population by 2022, which means around 64% of our population will be added to our workforce, the country's socio-economic development will witness an unprecedented rise. Economists believe such favourable demographic dividend could add a significant 2% to the GDP growth rate. However if we do a reality check, this projection best seems to be a distant dream. India happens to be one of the fastest growing economies in the world, and yet this financial growth has not trickled down to benefit the sheer volume of people who are out of jobs. What is even more unfortunate is that it is not so much the dearth of jobs, as the lack of skilled manpower that is the reason behind such large numbers of unemployed youth. There is a yawning gap between the market requirements and the knowledge and skills of the youth, such that they fail to get jobs as per their potential and are forced to join the majority of the country's working populace in the unorganized sector, or worse. With this very vision and in a concerted effort to equip, enable and empower the youth, Seva Asmakam Dharmah Charitable Trust initiated its national livelihood programme, the e-Learning (Vocational Training) Programme.

In total 1,591 youth were trained during the year under Vocational Training Program. These young men and women come from backgrounds where they get negligible attention in terms of education and awareness, owing to adverse economic situations at home. They mostly drop out of school after passing their 10th or 12th standard and lack the skills required for any white collared job. They then engage directly in daily wage work as labourers in construction sites or as vegetable vendors or any minor job that pays them even minimum wages. The programme identifies school such youth from socially marginalised and economically disadvantaged .

communities and provides them the requisite skills training spanning a period of six or 12 months.

The curriculum maintained its standard of excellence. Revised study material has been introduced to keep the training programmes topical. New curriculum has been developed for information technology And Digital Learning as well as Personality Development and Skills in collaboration with industry experts.

Our Team visits took the students outside the confines of the classroom into the real world where they would soon be working. These help the youth get hand-on training and develop an understanding of concepts such as workplace culture, customer satisfaction, work ethics and also familiarize them with every day challenges.

**LIVELEOOD PROGRAM (VOCATIONAL TRAINING)**

Kurla, Maharashtra

In today's rapidly changing job market, access to vocational training is essential for individuals to acquire the skills and knowledge needed to secure gainful employment and build sustainable livelihoods. However, many individuals, particularly those from marginalized communities, face barriers to accessing vocational training due to financial constraints or lack of opportunities. In response to this challenge, Seva Asmakam Dharmah Charitable Trust has established free vocational training programs aimed at empowering individuals with the skills and confidence to succeed in their chosen professions. Some of them were young wives and mothers who had been married at an early age and wanted to add to the family income, with dreams of securing the future of their children through education. Female enrollment increased and the parents gained further confidence as they saw the impact within six months of training on the young community women.

## AWEARNESS PROGRAM FOR HEALTH EDUCATION

The primary objective of e-Learning Programme (Vocational Training Program) is to enhance the prospects of employment for underprivileged youths who are educated, yet resort to contractual or casual labour work, and even unsolicited activities due to lack of industry skills and opportunities. In order to fulfil this goal, boys and girls roped into this project are subjected to 6- month training in English Proficiency (spoken and written) and Basic Computer Education to begin with.



## Nutritious food Distribution

Access to adequate nutrition is a fundamental human right, yet millions of individuals around the world suffer from malnutrition and food insecurity. In response to this urgent need, Seva Asmakam Dharmah Charitable Trust has launched a Nutrition Food Distribution Initiative aimed at providing nutritious food to vulnerable populations, improving health outcomes, and promoting food security in our communities.





## HEALTH CARE

As societies age and demographic shifts occur, the need for comprehensive elderly care assistance becomes increasingly urgent. Recognizing the importance of supporting our elderly population with dignity and compassion, Seva Asmakam Dharmah Charitbale Trust has launched an initiative dedicated to providing essential assistance and care services for seniors in our communities.



## DURING THE YEAR



Seva Asmakam Dharmah Charitable Trust, we believe in the importance of promoting healthy aging and preventive healthcare for seniors. Through educational workshops, health screenings, and wellness programs, we empower seniors to take control of their health and well-being. By providing information about nutrition, exercise, chronic disease management, and fall prevention, we help seniors stay active, engaged, and healthy as they age.

We recognize the critical role that caregivers play in supporting elderly individuals and families. Through our initiative, we provide support services and resources to caregivers, including respite care, counseling, and training workshops. By offering practical assistance and emotional support, we help caregivers navigate the challenges of caregiving and prevent burnout, ensuring that they can continue to provide quality care for their loved ones.

Each year, millions of people die of preventable deaths. These deaths happen due to preventable behaviors and exposures and can be averted. Thus, one of the most effective ways to keep the community healthy is to make the people aware and prevent the vector or the cause which leads to chronic illnesses. The main aim is to generate awareness through dissemination of



**SEVA ASMAKAM DHARMAH CHARITABLE TRUST  
EDUCATION AWEARNESS CAMPS**

Seva Asmakam Dharmah Charitable Trust Education Camps is a special initiative, formulated to provide Education Awearness services to the marginalised communities in remote rural areas through standalone camps.

Education is a fundamental human right and a powerful tool for social change. Yet, millions of individuals around the world lack access to quality education due to various barriers such as poverty, discrimination, and lack of resources. In response to this pressing need, Seva Asmakam Dharmah Charitable Trust has been at the forefront of efforts to provide inclusive and equitable education opportunities for all. Through our transformative education initiatives, we are empowering communities, transforming lives, and building a brighter future for generations to come.

The health camps are customised as per the needs of specific communities and their duration could range from one day specialised camps to 5-10 days intensive camps

A wide range of services are provided during Seva Asmakam Dharmah Charitable Trust Health Camps services, awareness sessions, free medical check-ups and medicine distribution, pathological tests and referrals for major cases

Access to quality healthcare is a fundamental human right, yet millions of individuals around the world lack access to essential health services, leading to preventable illnesses and premature deaths. In response to this global health crisis, Seva Asmakam Dharmah Charitable Trust has established a comprehensive Healthcare Program aimed at improving access to healthcare, promoting preventive care, and addressing the underlying determinants of health in our communities.

A total of 13 Health Camps were conducted during the year, benefitting 1248 people Women and children formed nearly 71% of the total beneficiaries of the Seva Asmakam Dharmah Charitable Trust Camps 452 benefitted from Health camps.



**“Never doubt that  
a small group of  
thoughtful, committed  
citizens can change the  
world; indeed, it's the  
only thing that ever has.”**

*Margaret Mead*



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